

Nappy and Toilet Training Policy

Policy Statement: At the Childrens Learning Centre, we are committed to promoting the comfort, hygiene, and development of all children in our care. This policy outlines our procedures for nappy changing and toilet training, ensuring children's individual needs are consistently met in line with EYFS guidelines.

Nappy Changes:

- Nappy changes will be provided regularly and promptly to ensure children's comfort and hygiene.
- Changes will take place in a private, designated area to ensure dignity and privacy.
- Children's privacy is considered and balanced with safeguarding and support needs when changing nappies and toileting.
- Nappy changes for individual children are recorded in the designated areas.
- All staff working in our baby room are fully trained in how to safely change a child's nappy and the process they must follow.
- Staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- Only familiar staff to the child will change them.
- Changing and toilet areas need to be inviting, safe and clean.

Hygiene Practices:

- Staff will follow strict hygiene routines during nappy changes, including thorough handwashing and the use of disposable gloves.
- We provide a nappy bin for the safe, hygienic disposal of all nappies, pull-ups and soiled items used to change nappies.

- The changing mat is sprayed with antibacterial spray and wiped down after every use.
- All staff are trained and knowledgeable with hygiene practises and procedures during nappy changes and toilet training.
- Children are shown how to wash hands effectively and the importance of washing away the germs from toileting.
- Staff are positive role models and make hygiene practises, such as hand washing fun and educational.

Individual Supplies:

- Parents or legal guardians must supply nappies, wipes, creams, and other necessary items clearly labelled with the child's name.
- Staff will promptly communicate with parents when supplies need replenishing.
- Each child has their own named box or bag to hand, with their own nappies or pull-ups and changing wipes.

Communication with Parents:

- Regular communication with parents will occur regarding their child's nappy-changing routines and any notable changes or concerns.
- Close links with parents are required when toilet training to allow the experience to be as consistent and positive as possible.

Toilet Training Support:

We see toilet training as a self-care skill where children can have the opportunity to learn with the full support and non-judgemental concern of adults.

- Toilet training will be supported according to each child's individual readiness and developmental stage.
- Close collaboration with parents will ensure consistency between home and the nursery environment.

- Parents must be given all the help and support they need during their child's toilet training experience.
- We encourage children when ready to take an interest in using a toilet or a potty.
- All children's attempts to sit on a potty or toilet or show any signs of toileting are celebrated at every moment. Positive reinforcement is the key.
- Staff must be aware of any child who, for medical or SEN reasons may not be able to follow a toilet training programme. These children must still receive a positive experience when being changed and not made to feel different in any way.
- Staff must be aware of any children with medical issues relating to toileting e.g. kidney or bladder problems, as well as children who may suffer from constipation and support accordingly, with parental and medical advice.
- Older children access the toilets when they have the need and although an adult is always present, are encouraged to be as independent as possible.

Consistency:

- Toilet training approaches will be consistent with methods used by parents at home to provide continuity and reinforce learning.

Toilet Training Supplies:

- Parents are required to provide spare clothing, and any additional resources necessary for effective toilet training.
- Staff will maintain the cleanliness and sanitation of all toilet training equipment'
- Parents are free to bring in their own child's potty or toilet seat if preferred, however, we do supply such items in the toileting areas.

Privacy and Dignity:

- Staff will ensure that children have appropriate privacy during nappy changes and toilet training to respect their dignity.
- Children are changed in the designated area, within sight or sound of other staff, whilst always maintaining their dignity and privacy.

Positive Reinforcement:

- Positive reinforcement techniques, including praise and encouragement, will be consistently used to create a supportive toilet training experience.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy content'.
- We do not make inappropriate comments about children's genitals when changing nappies or toilet training.
- We must do our best to ensure that nappy changing and toilet training is relaxing and calm for the child, to promote a positive experience.

Handling Accidents:

- Staff will handle any toileting accidents sensitively, providing clean clothing and emotional support to the child.
- Staff must wear gloves when dealing with toileting accidents.
- Strict hygiene practise must be followed in any clean-up process of the environment effected and the child themselves, while protecting their dignity and privacy.
- Parents will be informed at the end of the session about any accidents and the actions taken. Unless prior arrangements have been made to call the parent straight away.

- Any toileting accident during the child's nursery day is dealt with in a calm reassuring manner. Any faeces in pants will be flushed down the toilet and the pants double bagged, sealed and labelled for parents to take home.
- If you gain permission from a parent in advance, then heavily soiled pants can be thrown away. Once bagged up, these can only be disposed of using the nappy bin in the changing area.
- Any toileting accidents must be written in the communication book to share with parents on collection, unless other arrangements have been made.

Safeguarding:

- We have a 'duty of care' to meet children's personal needs.
- Staff must remain vigilant of any bruising or injuries, especially on non-mobile babies.
- Staff are trained to follow the non-mobile baby protocol. The poster must be displayed on the nappy changing room wall.
- Any safeguarding concerns must be reported to the Designated Safeguarding Lead (DSL) or (DDSL) and protocol followed.